



BEN TIGGELAAR

Bestseller author. International speaker and Behavioral scientist. He provides insight and inspiration in the field of Leadership and Change: from understanding to action. Dr. Ben Tiggelaar is one of the Netherlands' most gifted speakers.

Categorie

Management & Leadership

Type

Expert | Thought leader, Business leader |
Entrepreneur

Inzetbaarheid

Keynote speaker, Moderator/ Presenter, Master class

Talen

English, Dutch

Afkomstig van

The Netherlands

Biografie

Who is Dr. Ben Tiggelaar?

Dr. Ben Tiggelaar has been studying leadership, change, and human behavior for over 35 years. He has written 9 number-one management books, including *Dromen, durven, doen* and *De Ladder*.

His weekly NRC column is followed by countless managers, entrepreneurs, and professionals. He teaches at top universities and has delivered workshops in more than 1,600 organizations worldwide.

And his seminar *MBA in één dag* (“MBA in One Day”) has been attended by more than 25,000 managers.

Biography Dr. Ben Tiggelaar

Dr. Ben Tiggelaar is an independent author, behavioral scientist, and a highly sought-after speaker.

He has been studying leadership and change for over 35 years, with a clear mission: to help individuals and organizations turn their dreams into action—in a positive and effective way.

At the core of his work is translating behavioral science insights into practical applications in leadership and change.

Ben Tiggelaar has written more than 15 books, 9 of which reached number one in the management top 100. Some of his bestsellers include *Dromen Durven Doen*, *Dit wordt jouw jaar!*, *MBA in één dag*, and *Mooi Werk*. His books have been translated worldwide.

He studied Communication Science at the University of Amsterdam and earned a PhD in Business Administration and Economics at Vrije Universiteit Amsterdam, focusing on behavioral change in organizations.

He also studied at Harvard University and at University College London at the renowned Centre for Behaviour Change.

Ben Tiggelaar has interviewed many world-famous thinkers and leaders live on stage, including Barack Obama, Stephen Covey, Amy Edmondson, Simon Sinek, Daniel Kahneman, John Kotter, Ken Blanchard, and Philip Kotler.

He is the Netherlands' best-known columnist in the field of work and management. His weekly NRC column is read by many managers, entrepreneurs, and professionals. On LinkedIn, more than 230,000 people follow his writing.

He has given guest lectures at institutions such as Harvard University, IE Madrid, Nyenrode Business University, Rotterdam School of Management, Vrije Universiteit Amsterdam, and Vlerick Business School.

He is also known for his annual seminar MBA in One Day, which has attracted more than 25,000 managers in the Netherlands alone.

In addition to open seminars, Ben Tiggelaar delivers in-company lectures and masterclasses. He has done so in more than 1,600 organizations worldwide, working with groups ranging from 50 to 3,000 people—in boardrooms, cafeterias, theaters, and even prisons. His sessions are both highly educational and highly engaging.

QUOTES

What world-renowned colleagues say about Dr. Ben Tiggelaar

“Ben Tiggelaar is genuinely committed to helping us become better leaders, improve our lives, and make a real contribution. His unique talent is his ability to translate solid scientific research into inspiring, practical advice.”

- Stephen R. Covey

(Author of *The 7 Habits of Highly Effective People*)

“Ben Tiggelaar doesn’t just inspire you to dream, dare, and do. He also teaches you the skills and techniques to actually follow through on your intentions.”

- Ken Blanchard

(Author of *The One Minute Manager*)

“Ben Tiggelaar was an excellent moderator. He was extremely well prepared, asked exactly the right questions, and brought the conversation to a higher level.”

- Henry Mintzberg

(Author of *Managers Not MBAs*)

“Ben Tiggelaar is an inspiring trainer in the field of human behavior and change. You will find his books and ideas extremely practical, very realistic, and a pleasure to read.”

- Marshall Goldsmith

(Author of *What Got You Here Won’t Get You*)

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What the media say about Dr. Ben Tiggelaar?

“Everyone is on the edge of their seat.”

- De Telegraaf

“You wish that even a tenth of university lecturers had a fraction of Tiggelaar’s talent for delivering content.”

- Het Financieele Dagblad

“Ben Tiggelaar delivers his message in such a way that you immediately think: damn, I’m going to get started—I’m going to do things differently!”

- Psychologie Magazine

“Ben Tiggelaar is one of the Netherlands’ most gifted speakers—someone who easily and directly connects with people.”

- MT/Sprout

“Dr. Ben Tiggelaar is an unusual mix of American showmanship, Dutch straightforwardness, and scientific depth—expressed in a way that everyone understands.”

- Intermediar

“Ben Tiggelaar combines vision and insight with an extremely down-to-earth perspective on leadership and change.”

- SalesManagement

“Ben Tiggelaar is an inspiring whirlwind.”

- High Profile Events Magazine

“America has Dr. Phil, the Netherlands has Dr. Ben.”

- Libelle